

# INTUITION RANGE

**W**hat is intuition? Intuition is our ability to “tap into” the other part of us – the observer who we are aware of if we quieten our mind – who just “knows” things. Often if we go against an intuitive thought or feeling we end up regretting it, sometimes with rather bad consequences! I most certainly have over the years. It is also, on a basic level, our “gut reaction” to something – a situation or a person for example – where we are unable to explain why we “*just know*” that something is amiss!

The specially (intuitively) selected Gem Elixirs which have been used in the Intuition Constellation have different properties, which collectively have the ability to enable us to increase our intuitive abilities to a much higher level, as well as our “sixth sense” and “gut reaction”. This is ideal if you wish to increase your intuitive awareness and open up your higher mind, side-stepping your “left-brained” mind so that you are more creative and in the flow in all parts of your life.



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The combination of the **Elixir** for internal use, together with the intuitively created blend of Geranium; Lemon-grass & Ylang Ylang in the **Energy Spray** and **Healing Cream** work in synergy to remove blocks and enable you to quieten your mind and uplift your spirit centre to enable your intuitive powers to increase.

The *Gem & Flower Essences* used are:-

**Golden Scapolite** - has been called the ‘Mind’s Teacher’ as it helps us to strengthen and stimulate our higher mind. It is a stone that has the ability to encourage your mind to open up, allowing you to tune-in to your deep, inner knowledge and “knowing”. It clears the way for a pure flow of energy from your heart to your mind thus enabling you to act intuitively in thought, word and deed.

The five Golden Scapolite pieces that were used to make the Gem Essence have additional properties of transformation; particularly opening up the channel between the Solar Plexus Chakra (just above our Diaphragm) and the Heart Chakra points. This may enable you to think; act and “be” from your heart centre and combines these two energy centres so that you are able to increasingly act from a state of “love” and true “self-power”. This in turn may enable you to hear your inner voice and thus “tune-in” to your intuitive knowing.



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**Septarian** - (also called Dragon Stone) is a fabulous stone to wear or have on your person when speaking in public, as it not only gives you confidence, but it also has the ability to enable you to hold the audience in the palm of your hand! Septarian also harmonises the emotions and the intellect with your higher mind, thus bringing into balance your emotional; mental and spiritual bodies.

As a High Vibration Essence, the properties of Septarian have been enhanced and work on a very subtle, yet powerful level. It has been used in the Intuition Constellation because of its ability to bring into balance the emotions; mind and spirit (high mind). This then opens the way for the intuition to flow more smoothly and enable you to begin to “tune-in” to your inner knowing in all situations.

**Eudialyte** – believed to connect the spirit and mind with the emotions. It connects the Base Chakra to the Heart Chakra and clears the Sacral (our creative centre) and Solar Plexus (our self-power centre) Chakras of any blocks holding us back from being all that we can be on the Earth Plane. It is known to increase both beta and alpha brain waves, thus aiding our creative abilities, as well as stimulating clairaudience (our inner intuitive hearing), and our ability to develop telepathy and Extra Sensory Perception. The High Vibration Eudialyte Gem Essence is made from a rare piece purchased from Stone Corner in Hastings Old Town.

**South African Green Jade Heart** - brings balance into the heart; emanates peace & tranquillity; a stone of joyous love. As an elixir, it brings the deep green energy

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*(South African Green Jade Heart continued)*

of the heart to all parts of the body, releasing emotional instability, particularly of irritability and impatience, replacing these feelings with peaceful joyousness.

**Green Apophyllite** - very high vibrational powers; linked to the Heart Chakra; enables us to see more clearly, clear blocks and be in a state of calm.

**Lavender Amethyst** – one of the most spiritual of stones, it also aligns all aspects of the mind – both calming and stimulating as appropriate - and balances out any scattered energy to enable clarity of thought; believed to relieve insomnia; balance out highs and lows, create emotional centring & dispel negative emotions, such as anger; fear and anxiety. The new elixir made in February 2014 was made with four specially chosen stones; all have since gone to specific people for protection and healing purposes.

**Blue Lace Agate Heart and Carnelian Combination** – balances & unblocks all energy points (chakras) between the Sacral & Throat; transforms blocked communication into free expression; has the possibilities of bringing unrealised creative potential into reality.

**Moonstone** - is a stone of new beginnings, strongly linked, of course to the moon and increasing our intuitive powers. It is fabulous at calming our emotions and helps us to refrain from overreacting to situations. It can also help enhance our natural psychic gifts and to develop clairvoyance. It is filled with receptive, passive, feminine energy and balances male-female energies and is the

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*(Moonstone continued)*

perfect antidote for either an excessively macho man or aggressive woman. Mentally it opens us up to sudden impulses; serendipity and synchronicity. Emotionally, it soothes emotional instability and stress and stabilise the emotions. It provides deep emotional healing and heals disorders for the upper digestive tract, when they are related to emotional stress. It is known for balancing the hormonal system; stabilising fluid imbalances and re-tuning the biorhythmic clock.”

## **Additional information :-**

- All Elixirs are preserved in a water/Raspberry Vodka combination. Additional ingredients in the Energy Spray – Polysorbate 20 (from Coconut) as an emulsifier and St Helen’s Spring Water
- Additional Ingredients in Healing Cream – Handmade Hypoallergenic Base Cream plus Carrier Oils of Coconut, Camellia & Jojoba

